








**SWP - 18**

Protective Equipment	Stages Action - Brief description of what to do in the right order	Hazards Applicable to each stage	Key Points How to do it - identify equipment, safety, quality and performance requirements	Protective Equipment Required
2  MUST BE WORN	MAINTENANCE CHECKS BEFORE USE		Remove harness from storage locker and check all of the webbing for damage to the webbing and stitching. Check all adjustment retainers for correct operation. Check lanyards for any damage and correct operation of retainers <b>Note:</b> Any faults, connect "Out of Service Tag" and report it to Supervisor.	2 3 4 11 12
3  MUST BE WORN  11  MUST BE WORN	USING SAFETY HARNESS	STRAINS SLIPPING ABRASIONS CUTS FALLING	Conduct Stop & Think Pre Work Check list. Warm body by performing warm up and stretching exercises. When using for prolonged time periods, or awkward positions have frequent rest breaks or rotate workers. Put safety harness on and adjust Leg, Shoulder and Waist straps for a snug fit. Ensure correct lanyard is secured onto harness for job.  <b>Note:</b> In the event of a defect connect "Out of Service Tag" and report to Supervisor.	2 3 4 11 12
12  MUST BE WORN	AFTER USE CARE		Check harness for any damage. Place harness back into locker.	2 3 11 12
4  MUST BE WORN				